Share which of the following activity is most fulfilling for you when with your spouse and why?

 A romantic date

 A candlelight dinner

 Deep, warm conversation, one-on-one

 Just spending time together in recreation, working around the house, walking, or taking care of the kids

 Cuddling and/or sex

 Something else

Intimacy defined:

What are the three types of intimacy?

1.
2.
3.

NOTES: